

Singer creates music that's fun

BY MIKE SHIPLACK, FOR THE LEADER-POST MAY 12, 2011

CARRIE CATHERINE

Creative City Centre Saturday

Award-winning singer/songwriter Carrie Catherine is going on tour with her new album *Wilderness* and, as a warmup to her Canadian tour, she performs Saturday at Regina's newest venue, Creative City Centre at 1843 Hamilton St.

Catherine is also an advocate for World Vision and people can sponsor a child at the show. She recently sat down for a Q&A session with the Leader-Post.

Leader-Post: How would you describe your music?

Catherine: If I had to choose a genre I'm just a singer/songwriter because I'm really focused on telling a good story and creating songs that people can relate too. We did the album in Nashville and I'm a huge fan of soul music, so there is a little bit of soulful influence there and a little bit of Blues.

L-P: Explain the type of performance people can expect from the Baby On Board Tour.

Catherine: I'm doing all my shows right now as a duo. We get really imaginative because it's percussionist Hal Schrenk and myself. He plays everything during our show from a shovel to a guitar case to a hockey puck. We also use wilderness sounds and samples to make it a really theatrical and dramatic presentation of the music. It's not just the songs. The songs and the stories have a unique presentation that, I think, really carries the audience away.

L-P: You're playing at a new venue in the city, the Creative City Centre. Are you familiar with the venue's concept?

Catherine: I know Marian Donnelly and she's been a mentor of mine since I've started in the music business. She's building these creative centres and spaces for artists, and my husband and I are really involved in doing the same thing, but in Saskatoon. So we've had great conversations about how to nurture an arts scene just by creating a space that brings together a lot of creative people. I'm really excited to be performing in it during the opening weekend. Hopefully it will be a big community builder for the people of Regina.

L-P: How does being a mother impact your performance?

Catherine: I'm shocked at how different I feel on stage these days. I think the biggest difference is that being a mom I have less time. So I'm cutting out all the irrelevant stuff. When I'm at work and have to

be away from my baby, I want it to be worthwhile work. I appreciate that time on stage, that time to myself and that time I can give back to my audience. I'm really focused . Elliott, my little guy, he's training me to do that. I'm excited to be going on tour because I'm taking everyone I love on the road with me. I think that that transcends into the show. People feel the joy, feel the fun and it comes through in the music.

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