

By John R. Statton — [jstatton@prairiepost.com](mailto:jstatton@prairiepost.com)

Motherhood didn't stifle Carrie Catherine's music career, it was part of the process.

"I definitely enjoy what I'm doing more, as well as stay focused and have fun with it all," said Catherine.

She wrote a song while unsuccessfully trying to have a child with her husband.

"It was kind of a heartbreaking experience, because like any couple when they decide to have a baby they just expect it to happen right away and it didn't happen that way for us," she said.

"I continually encountered other people who had the same problem, so I wrote the song *Rockabye* which is just about this really deep desire to have this child, and yet there's nothing you can do to control it."

Catherine had performed the song and various shows, until she encountered a couple who told her they got pregnant after listening to *Rockabye*.

Several friends approached her with similar stories.

"And then finally it worked for me," she laughed.

Catherine is now the proud mother of eight-month-old Eliot Olson.

Her first album *Out the Car Window* was recorded in Edmonton in 2003. Her sophomore effort *Venus Envy* was produced on the west coast in 2006.

"I think with every album you're struggling to find your voice, and dig into who you are as an artist," said Catherine.

"With *Venus Envy* I rediscovered my love of soul music."

Her third release was *Green Eyed Soul*, produced in Toronto in 2007 was more of a live-off-the-floor recording.

In 2009, Catherine released a two-song recording which won the New Folk songwriting competition at the Kerrville Folk Festival in Texas with the singles *Believe* and *Sunshine Baby*.

“It was really a serendipitous kind of event,” she said.

Her latest album will feature the track *Rockabye*, and was recorded in Nashville. *Wilderness* is set for a 2011 release date, and features Emmy Lou Harris’ rhythm section.

“I feel like every album has been getting closer to that authentic voice, and just tapping into who I am as an artist,” she said.

“I totally felt that way in Nashville, because those guys were just all about the music and I found jamming with them to be a sort of spiritual experience.”

Catherine will perform at the Lyric Theatre April 16. Tickets are \$25 and available at [Pharmasave](#).

“I can’t wait; I love playing *Swift Current*,” she said.

“I always have great shows there, and I’ve met so many great friends.”